



Update to Order Codes for Timed Cortisol Collections

Timed cortisol levels may be requested as part of stimulation or suppression tests. Administration of a drug to stimulate or suppress cortisol secretion is performed in the hospital or provider's office. A baseline cortisol level is collected prior to the administration of the drug and then additional samples are collected at desired 30-minute intervals. Effective May 15, 2018, individual order codes for random or timed cortisol collection will be available to all hospital and non-hospital providers. When requesting cortisol levels at timed intervals, please select a specific order code that corresponds to the collection intervals required per the chart below. Collect times noted on requisition and/or samples should be consistent with the timed collections requested.

No changes to sample type or specimen collection are required. Random cortisols will continue to be reported with reference intervals for morning and evening specimens. Timed cortisols will be reported without an associated reference interval as is the current practice.

Test Name:	CORTISOL @	CORTISOL, BASELINE @	CORTISOL, 30 MIN @	CORTISOL, 60 MIN @	CORTISOL, 90 MIN @	CORTISOL, 120 MIN @
Test Code:	COR	CORB	COR30	COR60	COR90	COR120
Method:	Chemiluminescent Immunoassay					
Test Description:	Random serum cortisol	Serum cortisol collected just prior to administration of stimulating or suppressing drug.	Serum cortisol collected at the designated number of minutes after administration of a stimulating or suppressing drug.			
Specimen Requirements:	One 5 mL gold (SST) top tube. Heparinized plasma is also acceptable.					
Stability:	Ambient: 8 hours; Refrigerated: 2 days; Frozen: 1 month					
Testing Schedule:	Daily					
Billing Code:	1010068	1010339	1010340	1010341	1010342	1010343
CPT Code:	82533					

For questions about serum cortisol analysis at Laboratory Alliance, please contact Dr. Roy Huchzermeier at 315-410-7221 or RoyHuchzermeierPhD@lacny.com , or Cheryl Haskins at 315-410-7014 or cherylhaskins@lacny.com.